

Corktown Hawks add Mental Health expert to their support staff for 2022

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The Corktown Hawks are once again advancing women's pro-am soccer in Metro Detroit, this time by adding a mental health specialist to their support staff for 2022. The move is the first of its kind for women's pro-am soccer in Michigan, and comes in the wake of numerous NWSL players coming forward in 2021 after major issues had been left unaddressed for years. "We are very excited and proud of this partnership with Cami," said owner Eddie Hudson. "We feel it's an important component in our holistic approach at Corktown AFC. My hope is that these relationships become an important part of planning for every club."

Corktown's newest support staff member, Cami Bolton, is a licensed counselor with a Master's in Counseling Psychology from Northwestern University. Additionally, she is a National Board Certified Counselor and has been featured as a speaker/presenter for many organizations across the midwest. "Mental health is as important as physical health," said Bolton. "I'm honored to partner with the Corktown Hawks who recognize the importance in merging together the two." Cami believes therapy is not just for those with diagnosable disorders. She specializes with young women looking to find their inner voice and those struggling with feelings of anxiety and depression. Additionally, she is trained in EMDR, an interactive technique to relieve psychological stress that comes from traumatic and painful memories when left unprocessed.



Cami Bolton, MA, LLPC

Over the past few seasons, Corktown have established themselves as the most complete women's pro-am program in Metro Detroit, after assembling an exceptional coaching staff, adding to it an expert medical team and now a mental health expert. Head Coach Aaron Roy is excited for the newest addition to the Corktown support staff. "Cami comes highly regarded," said Roy. "She is passionate about her work, and excited to meet the players. The mental health of the players is something that is very important to our coaching staff, so bringing in a professional was a great addition to our program."

For more information on Cami Bolton, visit: www.camibolton.com

The Corktown Hawks will look to add to their winning ways in 2022, after a successful 2021 inaugural campaign which saw a UWS Midwest playoff run and an impressive 30-5-4 overall club record across all competitions. Keep an eye out for the 2022 schedule, coming soon!